



Metropoint

The Center for Business

1st Quarter 2017

TAKE NOTE OF THE UPCOMING DATES:

Valentine's Day

Tuesday, February 14

President's Day

Monday, February 20

World Kidney Day

Thursday, March 9

Daylight Saving Time Begins

Sunday, March 12

St. Patrick's Day

Friday, March 17

First Day of Spring

Monday, March 20

Earth Hour

Saturday, March 25
8:30-9:30 p.m.

Highway 169 Improvement Project

Metropoint tenants who use Highway 169 to the south to get to and from work will experience road closures lasting through October 2017.

Both directions of Highway 169 between Bren Road and 7th Street will be closed for the duration of the project to allow for the removal and replacement of the bridge. In Spring, the rest of the project area from Highways 55 to 62 will be reduced to one lane in each direction for road repair. All lanes and ramps should be open by October 2017, weather permitting.

Through October:

- Southbound Highway 169 will be one lane from Excelsior Blvd. to 7th Street
- Northbound Highway 169 will be a single lane from Highway 62 to Bren Road
- The entrance ramp from westbound I-394 to southbound Highway 169 will be closed

MnDOT suggests the following detours for commuters:

- Northbound: Highway 62 East to Highway 100 North to I-394 West
- Southbound: I-394 West to I-494 South to Highway 169

MnDOT has an interactive map that can be found at www.dot.state.mn.us/metro/projects/hwy169hopkins/index.html#interactivemap to show how the road closure will affect commutes. You can also visit www.mndot.gov/metro/projects/hwy169hopkins for status updates.

Toys for Tots

Thank you to everyone that contributed to Metropoint's 2016 Toys for Tots Drive.

Your generosity brought joy to underprivileged children during the past holiday season!



Invented Here...

PRODUCTS INVENTED IN ILLINOIS:

- **Skyscraper:** Built in 1885, the Chicago-based Home Insurance Building earned the distinction of being the first modern skyscraper in the world. The building was demolished in 1931.
- **Cell Phone:** Invented by Martin Cooper in 1973 while working as the head of Motorola's communications systems division, the original handset, DynaTAC 8000x, was nicknamed "the brick" or "the shoe" because it weighed 2.5 pounds and was 10 inches long.

PRODUCTS INVENTED IN INDIANA:

- **Theme Parks:** Most people don't know this, but theme parks were invented in Indiana. Santa Claus Land, the world's first theme park, opened in 1946. This makes the theme park nine years older than Mr. Disney's first park in California.
- **Gasoline Pump:** The very first gasoline pump was conceived in 1885 by Sylvanus Freelove Bowser in Fort Wayne.

- **Washing Machine:** William Blackstone decided to build a birthday present for his wife in 1874 to make it easier for her to launder their clothing. He built a machine that would remove dirt and wash clothing. This was the first washing machine designed to be used in a home.

PRODUCTS INVENTED IN MINNESOTA:

- **Water Skis:** The first practical water skis were invented in 1922 by Ralph Samuelson, who steam-bent two eight-foot-long pine boards into skis. He took his first ride behind a motorboat on a lake in Lake City.
- **Rollerblades:** Minnesota students Scott and Brennan Olson invented rollerblades in 1980 when they were looking for a way to practice hockey during the off-season. Their design featured an ice hockey boot with three inline wheels instead of a blade.
- **Snow Blower:** Toro introduced the first walk-behind snow blower in 1951 much to the relief of homeowners and their cardiologists.



Attention Basketball Fans

The 2017 NCAA men's basketball tournament kicks off with Selection Sunday on March 12th. The first round of March Madness will be held in Dayton, OH, on March 14-15th with the championship game at the University of Phoenix on April 3rd.

To get March Madness statistics, brackets and squares, visit www.interbasket.net – it's a great site for everything basketball.

IRS Tax Alert

2017 Mileage Reimbursements

The Internal Revenue Service issued the following standard automobile mileage rates effective January 1st for the 2017 calendar year:

- 53.5 cents per mile for business mile driven, down from 54 cents in 2016
- 17 cents per mile driven for medical or moving purposes, down from 19 cents for 2016
- 14 cents per mile driven in service of charitable organizations

For more information, visit: www.irs.gov/uac/2017-standard-mileage-rates-for-business-and-medical-and-moving-announced.

National Health Observances in February

February marks American Heart Month, a great time to commit to a healthy lifestyle and make small changes that can lead to a lifetime of heart health.

Cardiovascular disease is the nation's number one killer of both men and women. The American Heart Association is constantly conducting research and raising awareness to improve the cardiovascular health of all Americans.

In conjunction with American Heart Month, support Go Red for Women by participating in National Wear Red Day® on Friday, February 3, 2017. Visit www.goredforwomen.org for more information.



If your New Year's resolution to get healthy is losing steam, National Cancer Prevention Month is a great time to recommit.

The American Institute for Cancer Research estimates that approximately one-third of cases of the most common cancers in the U.S. could be prevented by eating healthy, being active and staying lean.

National Cancer Prevention Month promotes practical ways to avoid cancer. Lifestyle modifications, such as dietary changes and exercise, have been shown to significantly reduce risk. To learn more, visit www.aicr.org/cancer-prevention-month.

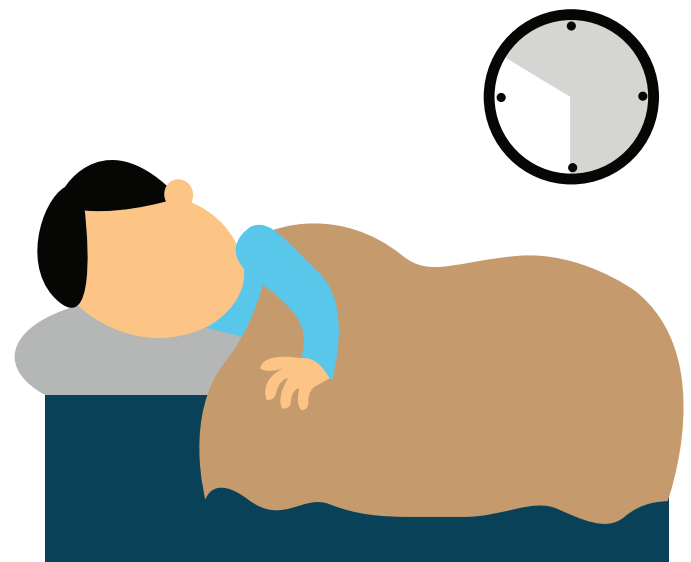


Get Some Sleep!

A lack of sleep can take a serious toll on your body, but it can also have a significant effect on your brain. The amount of sleep needed varies from person to person, but the average is between 7 and 8.5 hours per night.

Too little sleep is known to have a wide range of negative health effects, such as reduced immunity, weight gain, high blood pressure and depression. But what you might not realize is the degree that sleep deprivation can impact your brain. Sleep loss can have very real and sometimes long-term effects on your brain. It can impair your cognitive abilities in the short term and research suggests that sleep loss might even lead to lasting brain damage.

Getting a good night's sleep improves your overall cognitive performance, including attention, concentration and judgment. In addition, research has shown that there is a direct correlation between sleep and learning. Adequate sleep is important for



memory and learning. In fact, one study revealed that sleeping after learning something new actually helps you learn faster and remember better.

So the next time you are struggling to learn and/or retain new information, take a nap or get a good night's sleep to help improve memory retention.

Recognizing Metropoint Tenants

Equus Capital Partners, Cushman & Wakefield NorthMarq, and Colliers extend special thanks and appreciation to the following tenants for their new/renewal leases completed during 4th Quarter 2016:

Allianz/AFM

(Suite 200 | 400 Building)

The Metro Stop

(Suite 165 | 600 Building)

Mindsailing

(Suite 1970 | 600 Building)

Prudential Insurance

(Suite 1000 | 600 Building)

Spa Blu

(Suite 185 | 600 Building)



Spa Blu
600 Metropoint
(952) 546-5331
www.spablu.net
Online scheduling now available.
We offer haircuts, custom colors, facials, waxing and more.
New client offer: 25% off your first service over \$20.

About Equus Capital Partners, Ltd.

Equus Capital Partners is one of the nation's leading private equity real estate fund managers. Equus' diversified portfolio consists of office, multi-family, industrial, and retail properties located throughout the United States. The firm is headquartered in the Philadelphia area with regional offices in Chicago, Los Angeles, Washington D.C., Boston, Atlanta, and Raleigh-Durham. For additional information, please visit the company's website at www.equuspartners.com.



IMPORTANT PHONE NUMBERS:

Property Management



Office: 952-546-8700

Fax: 952-593-2484

After Hours Emergencies
952-546-8700

Metropoint Security Desk
952-525-3507

Leasing



Kevin O'Neill
952-897-7724

Michael Gelfman
952-897-7875

Metropoint Retailers

Metropoint 300 & 600 Cafes
952-545-2883

Metro Stop
952-546-7100

Perry Cohn Jewelers
952-544-5136

Spa Blu
952-546-5331